Cheddar Cheese Fondue

Chris Cziesla

Ingredients

- 1 garlic clove, halved crosswise
- 1 cup light beer
- 3 cups sharp cheddar cheese, grated
- 1 cups Emmental cheese, grated
- 2 tablespoon cornstarch
- 1 teaspoon Worcestershire sauce
- 1/2 teaspoon dry mustard
- 1/8 teaspoon ground nutmeg
- Dippers (cubes of French bread, apples, pears, peppers, blanched broccoli, etc...)

Here is one of the holiday meals we always have at my house. We also do meat, chicken, scallops, and veggies in an oil fondue as the next course and finish with fruit and cake dipped in a chocolate fondue for dessert.

Directions

- 1. Rub inside of heavy pot or saucepan with cut sides of garlic, then discard the garlic. Add beer and bring to a simmer over moderate heat
- 2. Coat the grated cheese with the cornstarch. Gradually add cheese to pot and cook, stirring constantly in a zigzag pattern to prevent cheese from balling up. Do this until cheese is just melted and creamy, but do not let boil.
- 3. Stir in the Worcestershire sauce, dry mustard and ground nutmeg. Bring fondue to a simmer and cook, stirring, until thickened, about 5-8 minutes. Do not overcook or fondue will get stringy. Transfer to a fondue pot set over a flame.
- 4. Enjoy!

Credit

https://www.chiseland fork.com/cheddar-cheese-fondue/#recipe

